

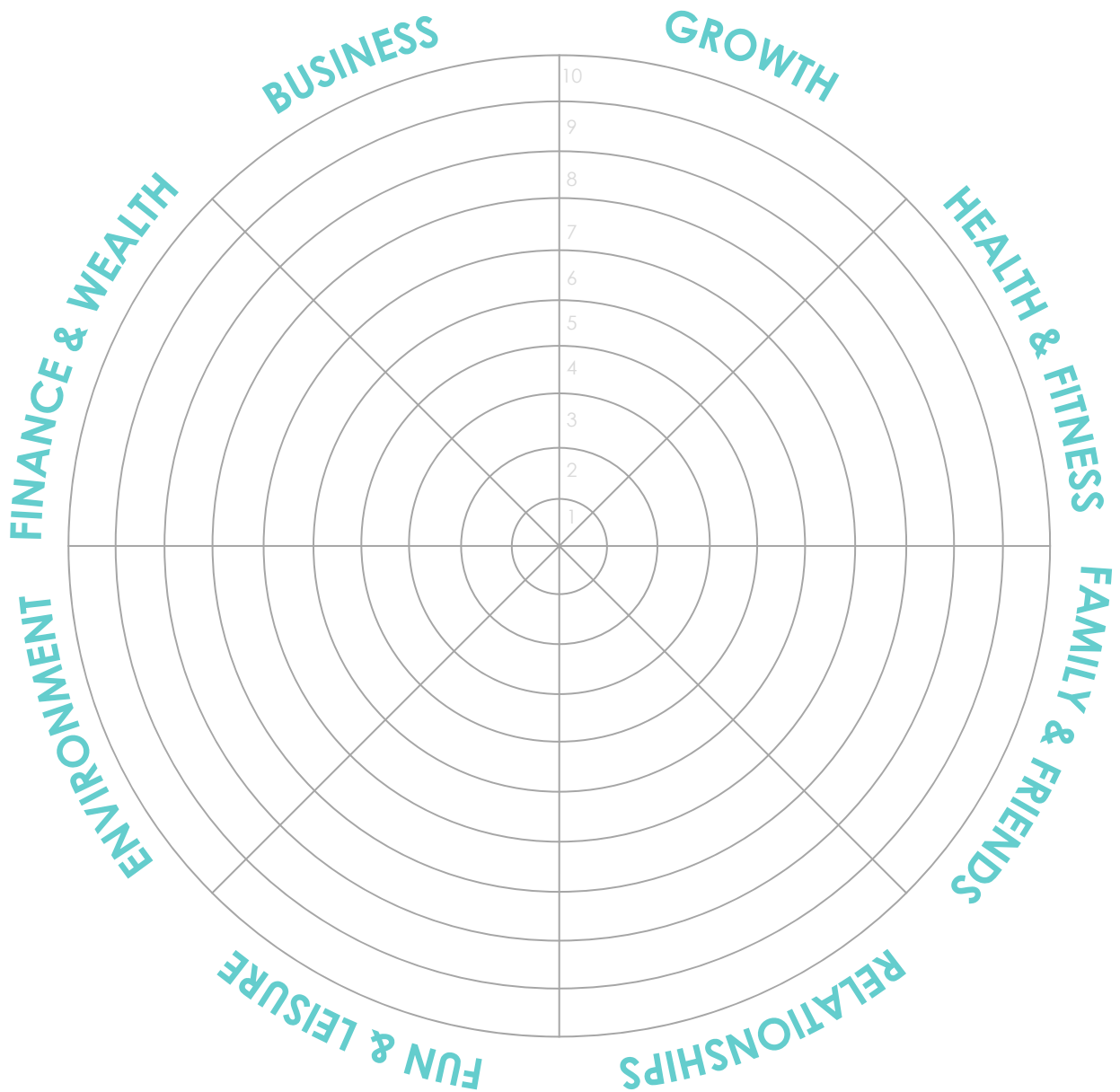


## WHEEL OF LIFE



This tool can help you better understand what you can do to make your life more balanced.

Assess your level of fulfillment for each of the areas below on a scale from 1 to 10 and shade accordingly.



How balanced is your wheel?  
Which areas are the most important to you?

